**National Apprentice Competition**

**COMPETITOR NAME:**

**CATEGORY:**

**NAME OF DISH:**

**DISH DESCRIPTION:**

**INGREDIENTS FOR 2 PORTIONS**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **NAME** | **UNIT**  | **PRICE/UNIT** | **QUANTITY** | **TOTAL COST** |
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 **TOTAL FOOD COST\_\_\_\_\_\_\_\_\_\_**

**RECIPE CARD Method**

**WORKFLOW PLAN**

|  |  |  |
| --- | --- | --- |
| **Timeline** | **Sequence of tasks** | **Check box**  |
| Pre: Prep |  |  |
| 15min |   |  |
| 15min |  |  |
| 15min |  |  |
| 15 mins |  |  |
| 15min |  |  |
| 15min |  |  |
| 15 min |  |  |
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| **30 min** | **Clean up area put away leftover food- dishes all our equipment and plates into the tubs.**  |  |